

**RAVENSCROFT SCHOOL** 

**RAVENSCROFT SCHOOL** 

7409 FALLS OF NEUSE ROAD, RALEIGH, NC 27615

DECEMBER/JANUARY 2017

# "Every Raven, Every Day"



One of the many banners around campus promoting the slogan "Every Raven, Every Day".

Photo by Chris Barnett and Patrick Ednie

#### PATRICK EDNIE STAFF WRITES

As the new school year begins, freshman aren't the only new additions to the school. Ravens have opened the 2017-2018 year with a new school motto: "Every Raven, Every Day."

What does "Every Raven, Every Day mean?" The motto embodies the culture of Ravenscroft, which offers an inclusive experience for every student. In other words, the students are placed into the community of being a "Raven." While this seems to be the universal understanding, some teachers interpret the motto differently. They feel that it embodies the idea that, every day, teachers pay attention to each and every student, who are more aptly understood as, "Ravens."

Georgia Vernal, along with Reed Farrow, is a co leader of the Ragin' Ravens. The Ragin' Ravens is the main support group of Ravenscroft Athletics. They often call



Matt Sheaffer speaking during the 2017 Opening Day Ceremony. **Photo by Strawbridge** 

the student body to attend games to create a better atmosphere of support for the players. She spoke about how they are promoting the new motto saying, "There are flags all over campus that we recently discovered and Reed [Farrow] decided to make it a big part of the experience, promoting it whenever possible at games, morning meeting, and other events." Their mission is to create a slogan that can help people get more immersed in and excited about Ravenscroft events.

# Ravens Soar as the School Year Begins: Opening Day 2017

HANNAH RAMUSEVIC

Early morning on August 23rd brought blue skies and this year's senior class waiting outside of Rhonda's to walk to various places to help with carpool. The half day seemed long to many seniors who had been at school since about 7:15 that morning. These students constantly moved from location to location around the school until finally marching across campus to the flag raising. Seniors put on smiles during their traditional stroll across the quad



Lower Schoolers lined up and eager to give seniors highfives. Photo by Strawbridge

The morning continued with an all-school gathering lead by the Head of School, Mrs. Kelly. Her speech set the expectations for all the students and teachers, reminding us that #goodendures. A second speech was given by SGA President Matt Sheaffer, who mentioned his hope for a productive, new year

Soon the flag was raised, signifying the fresh start that every student and teacher was given that day. As the year progresses, we can look back on the first day of school and remember the beginning with its hope for a great future.



Total eclipse from St. Matthew, South Carolina. **Photo by Vicente Zayas-Ramirez** 

# Eclipse Over Ravenscroft

Hannah Ramusevic
Staff Writer

August 21, 2017, otherwise known as Eclipse Day, brought a mass movement of people toward the path of totality, an imaginary line running diagonally through the US, where individuals could view a total eclipse. These states included Oregon, Missouri, South Carolina, and many others in between. Unfortunately, some students at Ravenscroft

could not join the movement due to Freshman Orientation as well as rehearsals around campus on the on this day. But those things did not stop Ravens of all ages coming together at different sites around school from 1-2 pm. Eclipse glasses were given out to students, parents, and teachers, turning Ravenscroft into the perfect spot for watching a partial eclipse.

As the eclipse drew near, traffic increased everywhere as drivers and pedestrians slowed down to catch a glimpse of the spectacle. Fortunately, for those already on campus, they experienced the eclipse with no obstacles (except the moon, of course).

The high school's newest biology teacher, Ms. Fromson, set up the event, providing enough eclipse glasses for every freshman as well as other students and teachers. "When I realized [the eclipse] was on the same day as Freshman Orientation, I wanted to make sure they could see it." Ms. Fromson said when asked about planning the event. She also

thought of it as a way to experience "real life science." Of course, she did not work alone in planning the event, as she collaborated with other science teachers as well the freshman dean, Mr. Kielty.

These science teachers came from every part of the school to get involved and share their knowledge. With an abundance of science teachers at the event, students there gained extra knowledge and a few different ways to look at the eclipse without using eclipse glasses.

Eclipse viewers were made out of cereal boxes, cardboard tubes, and even a pasta strainer. These not only helped in viewing the eclipse but also allowed people to see the eclipse on a bigger scale.

Hopefully during the next eclipse in 2024, Ravenscroft will still be a safe and fun place to watch and learn about the eclipse without having to deal with traffic or the hassle of finding an open area to enjoy the spectacle.

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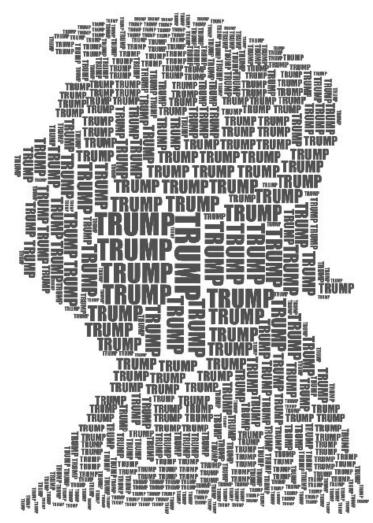
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#### BRENDAN WALKER

STAFF WRITER

Even though the United States is now nearing the end of President Trump's first year in charge, our country's opinion of the unconventional leader is no less divided. The American press has capitalized on this divide quite well with countless news networks and papers such as Fox News, CNN, The New York Times, and The Wall Street Journal taking very strong stances about our president. These "stances" can often be defined as political bias. While some scoff at any idea that the American press has partisanship, widespread public opinion is very much in a gray area. The American public sees their president warring over fake news on Twitter; they see some of the largest papers and channels in the country criticizing his every move; and they see how much both the president and the media alike challenge the other's words. Along with the public, the actions of both President Trump and the American media have just as much of an effect on the everyday views of American students. With so many varying student opinions about our President, I interviewed two AP Government and Politics students with differing political outlooks in order to further gauge these opinions. Surprisingly, the two students of opposing political views, Zachary Skubic and Abbott Timmons, have similar opinions on the President's use of Twitter. As Skubic noted, "I personally have mixed opinions on the President's use of Twitter as a form of 'direct' communication that can deliver a message straight to the people. I feel it is a great idea and can be a strong communication method. However, the power of the President's language cannot be overlooked, and there have been multiple instances where Trump has had a decent message that has been overshadowed by a bad tweet, or [he] has simply not thought through everything before hitting send." According to Timmons, "Mr. Trump

needs to find a better method to share his views than through Twitter. The manner in which he does this is crudely unprofessional and should be done in a less reactionary fashion." In summation, despite all of the division on Trump's policies, students and adults agree that the President's use of Twitter is unconventional



# A Dreamer's Worst Night-mare?

PATRICK EDNIE

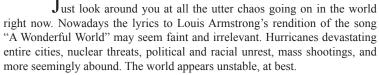
STAFF WRITER

Donald Trump, in September of 2017, informed "dreamers," or children of undocumented immigrants who have participated in the Deferred Action for Childhood Arrivals (DACA) program, that they might be deported during a six-month window. During this window, Trump has asked Congress to pass alternate legislation. Nancy Pelosi, the Minority Leader of the United States House of Representatives, was reported, saying that she encouraged Trump to use words of peace to some of the DACA recipients. While Trump still seems set on rescinding The DACA Program, former Department of Homeland Security Secretary Janet Napolitano said that she plans to sue the Trump administration over its verdict to rescind the program. On CNN show "New Day" with host Chris Cuomo, Napolitano said "these young people are really caught between a rock and a hard place." While the outcome right now still is unknown, the hope is that it will work out for everyone in the end.

### "A Wonderful World?"

#### CHRIS BARNETTE

STAFF WRITER



But in the midst of all this darkness, light shines brighter. When Hurricane Harvey, Irma, Maria, and others caused great damage to US residences, the response by the American people was unbelievable. Countless stories were released about people volunteering their time, money, boats, and even risking their lives to help save those affected by the hurricanes. Former American Presidents, Barack Obama, George W. Bush, William Clinton, George H. Bush, and Jimmy Carter joined together to form a "One America" platform, which called for United States citizens to work together to support each other during recent natural disasters; and all five living former presidents attended a concert to benefit hurricane relief in early October.

With nuclear threats from North Korea looming over the United States, President Trump and government officials have seemed ready to negotiate in order to keep peace between the two countries. While racial riots such as Charlottesville and increasing political tension between Republican and Democratic parties bring light to serious issues our country faces, we remain inspired by the picture of one protester who embraced his foe across sparring lines.

Seemingly every few months, a mass shooting occurs, whether it be in Nevada, Texas, or "anywhere USA," killing dozens of innocent individuals. Because of these awful events, many people are now calling for change for the betterment of our country.

Though hate and evil exist, love still rises higher. Somewhere in the background, Armstrong's "bright blessed day" may be possible. With hope, our nation and world are working toward a brighter tomorrow and will rise above tragedies, hate, and shortcomings. #goodendures









# College Marathon



#### TOMAS VAN DEN BRAND

STAFF WRITER

All across campus, students are hard at work, dragging themselves across the high school finish line. The signs of college application deadlines, mandatory courses and college visits are on full display. Most of these students began their college path back in middle school, even though they might not have been aware of it at the time. College preparation really begins when students first choose courses for their freshman year in high school.

Various college programs are available on campus, ranging from college meetings and visits during junior and senior year, pre-ACT and pre-SAT testing throughout high school, and informational sessions during middle school and freshman year. The College Counseling office begins to work extensively with students during the conclusion of their junior year, where they aid the students with senior classes, information for the college application process, and other helpful meetings to assist students in gaining a better understanding of the college landscape. Despite these great assets at your disposal, there are things you can do yourself: carefully choose courses for your freshman and sophomore year (get a second opinion from a teacher or advisor on them!), earning good grades for they do matter during those years. Take advantage of college fair rendezvous which expose students early to colleges and potential majors that might interest them. Figure out which standardized test works best for you (ACT or SAT) and prepare accordingly for those tests by using preparation courses (e.g., Huntington, College Board, Princeton Review, Khan Academy, among many others).

Don't wait until the last moment to prepare for college. Start early and take charge of your future!

## Devil's Playground

**CHRIS BARNETTE** 

STAFF WRITER

After Hurricane Harvey unleashed its fury on Houston and other Texas cities along the Gulf Coast, east-coast dwellers were frightened by the thought of a hurricane heading their way. With good reason, the thought of hurricanes terrifies many people. For surfers, hurricanes may be frightening, but they also present amazing opportunities about which many surfers only dream--huge waves! An avid surfer from Ravenscroft, Patrick Ednie, said, "Knowing that the waves are a lot better than they usually are makes me want to get out there and surf." Hurricane Irma also threatened to cause damage on the east coast, and surfers' excitement grew once again at the thought of their dream coming true.





Lower and Middle Schoolers participating in a bakesale and *Hats for Harvey* in an effort to raise money for Hurricane victims. **Photos by Communications.** 

### Harvey Obliterates East Coast

CHRIS BARNETTE

STAFF WRITER

A few weeks ago, Hurricane Harvey wreaked havoc on cities along the Gulf Coast. No city was hit harder than Houston. Roadways became rivers, houses were destroyed, numerous lives were lost, and thousands are still in danger. Though much damage occurred, our nation's response was incredible. Thousands of volunteers along with first responders like firefighters and police worked day and night to provide assistance to the hurricane victims. Many people also donated money. J.J. Watt, a defensive end for the Houston Texans, started a fund with a goal of raising two-hundred thousand dollars for Hurricane Harvey victims. Little did he know that that goal would be exceeded. The fund is now above thirty-seven million dollars. Our nation has united in one of the hours of its greatest need.

# Are YOU Sleeping Enough?

#### PATRICK EDNIE

STAFF WRITER

The way we feel, think, act, and make decisions can be affected tremendously by the amount of sleep we receive. We are told that seven-to-eight hours a night are sufficient, but how many students really are getting enough sleep? Ravenscroft is a school that takes pride in the rigor of its academics and its ability to help students thrive in an interdependent world. While it is true that students are often prepared for life outside of the classroom, one basic function of life may not be being satisfied sufficiently: our amount of rest. In order to figure out how well students were sleeping, I conducted a survey in which over half the Upper School responded. The questions polled students' hours of sleep, night-time rituals, hindrances to getting sufficient rest, and what would help it. The survey found that over fifteen percent of students are getting only 2-4 hours of sleep, which is far less than the suggested minimum of

I then asked what students' night time rituals are like. Options included: watching TV, playing video games, working with the computer/ texting/ reading, engaing in self maintenance, relaxing, or other unlisted options. It is a widely known fact that your night-time ritual has a direct impact on your quality of sleep. The majority of people, 46 percent, answered that their night-time routine includes using their computer and/ or texting, which is shown to reduce melatonin production in your brain, making it harder to sleep. While one can make assumptions based on the prior data, I then asked what was preventing people from getting more sleep. More than 74% of students stated that homework prevents them from sleeping. Consequently, my final question asked what would help facilitate more rest, and to choose all listed options that apply. Eighty-five percent of students said that a reduction in homework would be incredibly beneficial to their amount of rest. However, thirty-four percent still stated that turning off their phones would be beneficial as well.

This data shows that homework may be a leading factor in a lowered amount of sleep but that people may not be doing enough around their homework to make sure they get sufficient sleep time. Health should always come first, and students should try to use their free time to finish some of their homework as every minute counts. However, academic expectations are high at Ravenscroft, which means that students may receive increased homework assignments. Many students find themselves being overwhelmed. Perhaps, teachers and students can find a middle ground and reach a compromise on homework levels. All in all, as a lot of research has shown, sleep can make a day, but it can break one too.



# Gatherings to Give Thanks



Thanksgiving Chapel





CHRIS BARNETTE
STAFF WRITER

On Tuesday, November 21st and Wednesday, December 13, Ravenscroft communities gathered together in the Finley Center for Thanksgiving and Holiday Chapels. The Chapels focused on celebrating togetherness with family and friends, giving thanks for blessings, and sharing holiday memories. The meetings consisted of singing, scriptural sharings, and Mrs. Kelly wishing us a safe and enjoyable holiday season each time. Faculty also served as speakers. For Thanksgiving Chapel, Mr. Yohman, a teacher in the Middle School, shared a heartfelt testimony about his humble beginnings, rural hometown, and Thanksgiving traditions. At Holiday Chapel, Ms. Danoff, Middle School Administrative Assistant, shared a history of Hanukkah and her childhood memories of the holiday. Ms. Ashe shared her recollections as well about the significance of extended "family," or church friends, and their immigrant influence through food during the holiday season. At both Chapels, music from student-body organizations was heard. The Upper School Concert Choir sang at Thanksgiving Chapel and then again at Holiday Chapel, where, during the latter, choral music was complemented by the holiday sounds of the Upper School Percussion Ensemble and Concert Band. Altogether, the Chapels were successful!



Pictures from both the Thanksgiving Chapel and Holiday Chapel. Thanksgiving photos by Communications Department and Holiday photos by Tomeiko Carter.



Holiday Chapel





#### Ravenscroft Presents:

# Richard III

#### PATRICK EDNIE

STAFF WRITER

On October 13, Ravenscroft Drama Department launched its new play, Richard III. Richard III is a Shakespearean play about the evil and charming King Richard's thirst for power and his taking of the throne after the death of King Edward the IV. The play was headed by the ever astounding Matthew Sheaffer as the lead. The play was a tremendous success and was very well received on all fronts.



Various members from the cast of Richard III, including Matt Sheaffer, Madeline Zucker, Caden McClure, Robin Playe, Ethan Fisk, Melissa Kong, and Sammy Rivas. **Photos** by Communications Department.









## 'Tis The Season for Proposals

**DEMARCUS TAYLOR** 

STAFF WRITER

At Ravenscroft, three formal school dances give each student the chance to propose the magical question: "Will you go to the dance with me?" Boys and girls of the Ravenscroft community, from ninth to twelfth grade, get excited to wear their suits and dresses for Homecoming, Winter Formal, and Prom.

Each of these events transpires in correlation to the seasons. Homecoming takes places during the fall; Winter Formal occurs during the winter, and Prom happens in the spring. Upper School students ask their dates the magical question with a proposal. A proposal offers a formal way to ask another individual to accompany the proposer to a dance. Proposals can come in many forms. But, generally, brave proposers formulate their questions, using witty posters in front of friends.

Homecoming, or HoCo as we call it, is a week long event with the dance taking place the next night after the football game. Leading up to the dance, the guys typically do

the proposing. When the winter rolls in, the tables turn, for it is now the girls' turn to make proposals to the guys. This dance honors the traditional theme of Sadie Hawkins. Sadie Hawkins was the character of a popular cartoon, Li'l Abner by Al Capp, whose father organized a foot race for all the local men to run. Whoever Sadie caught, she would marry. Today, we honor this theme, and the girls ask the boys to the dance.

Lastly, but certainly not least, Prom is held in the spring. Prom is considered the best of all school dances. It is the most formal and highlights one's tenure during high school. According to Senior, Julia Da-Roza, prom is "in a nicer venue, where you can wear longer dresses and look really good." Our survey backed up her statement with close to seventyfive percent of those surveyed feeling the same. During prom season, the boys are again called upon to ask the girls and the night is beautiful from the couples in their snazzy tuxedos and dresses to the location of the dance.

With the seasons rolling around, don't be late in proposing to your date for the early bird gets the

### How to Make a Great Dance Proposal

Julia da Rosa

STAFF WRITER

Homecoming, winter formal, and prom proposals are creative ways to ask someone to Upper School dances. Usually they consist of posters or other unique and fun dance invitations like an announcement at a game or donuts that spell out the invited person's name.

Proposers put a great deal of time and effort into making proposals. First, they have to build relationships with the person they want to ask: they have to find out the

other person's interests. The next step would involve choosing to propose. Individuals start getting asked usually three weeks prior to the dance. Students can get asked anywhere though they usually get asked at school or at a game. If you are planning to make a proposal, be creative and know your sweethearts' interests.

If you want to have the best homecoming with your date, starting off with a good proposal is always the best idea. So get to know someone you may ask, and make sure the way you ask them relates to his or her in-



### Homecoming 2017

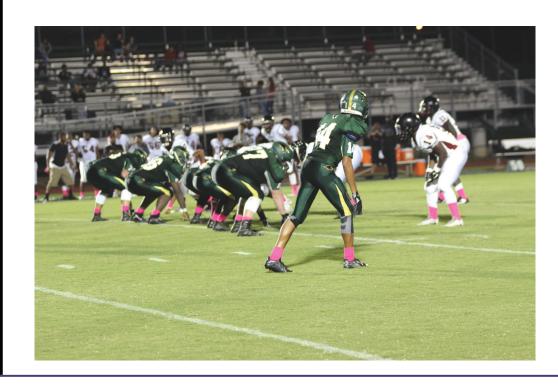








Various moments during Homecoming 2017. **Photos by Communications Office and** Strawbridge



# EVARM

#### This paper serves as a communication link within Ravenscroft School and between the school and the local community.

#### **Editorial Content:**

1) The students on The Nevarmore staff will print articles which have been researched to the best of their ability to obtain the most complete information.

> 2) The information will be presented in an objective, truthful and fair manner.

3) When personal commentary is given it will be in good taste on issues that have been researched, analyzed and where expert opinion has been sought, and then presented to the best ability of the writer.

4) No material which is obscene, libel or anything that will cause a "material and substantial disruption" of the school day, according to accepted legal definitions, will be printed.

The unsigned editorials in this issue are a reflection of the combined opinions of the editorial team. Responses in the form of a letter are welcomed and will be considered for publication.

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The Nevarmore staff strives to produce a professional-quality publication that follows the Code of Ethics of the Society of Professional Journalists. Our overall objective is to print the news for and about our students and other members of our school and community in a fair and objective way with the utmost regard for integrity.



# The Diwali Festival is Upon Us!

#### PATRICK EDNIE

STAFF WRITER

The Diwali Festival is a festival of lights that is celebrated in South Asia. The festival occurred on the 19th of October last year. The Global Ravens club put together festival artifacts in Pugh Lobby for everyone to see. Diwali is called the Festival of Lights and is celebrated to honor Lord Rama's return to Ayodhya. It is believed that on this day Lord Rama returned to his people after a fourteen-year long period of exile. As Ravenscroft is very inclusive,

the school welcomes all types of holidays in accordance to race, religion, and traditional custom from all over the globe. Parents and students alike signed up to volunteer to help put up a display for the celebration of Diwali. Discussing the exhibit, John Quinn, a student attending Ravenscroft, said,"I thought Diwali was fun, and it is a great way to help people learn more about some of the celebrations on the other side of the globe that are being brought to us basically right down the hall." If you missed the Diwali exhibit last fall, be ready for next academic year as it is sure to come back around for the 2018/19 year!



Different displays put up in the Fine Arts Building to celebrate and teach students about Diwali. Photos taken by John Neff.





### Ravenscroft Hosts Spanish Exchange Students

#### CHRIS BARNETTE

STAFF WRITER

Recently, Ravenscroft welcomed a group of exchange students from Alcorcón village in Madrid, Spain. The group consisted of a total of eighteen students and two teachers from Centro Escolar Amanecer school. Eighteen Ravenscroft students hosted these students and teachers in their homes during the visit. The students were especially excited to be experiencing such a different and upbeat environment. During the interview, the students really emphasized that "everything is so much bigger in America and the

school day is much longer." Though the students enjoyed being able to see the White House, they said that "It was much smaller than we thought." Surprisingly they said that "the students in America are very similar to those back in Spain." Though the students came to America to be educated, they walked away with something much more important than education: lifelong friendships. Alex Mcneill, a sophomore who hosted an exchange student says, "We grew very close and we still keep in contact." Clearly such exchanges impact us all in indescribable ways.

# A Model for Excellence: Akshay Lulla's Story



STAFF WRITER

With examples of students immigrating from countries from across the globe, many often wonder about their point of view. In the case of Akshay Lulla, no one knows this experience better. Moving from Pune, India all the way to Raleigh, North Carolina, Akshay knew the transition would make for quite the challenge.

In an interview with him, Akshay states that the move from India to the U.S was rather uncomfortable. He did not "want to leave India, but...[he] knew the opportunity of liv-

ing in a new country would be something...[he] would regret not taking." He also states that while adjusting to a new school and people was hard, he is grateful for the friendly and welcoming environment provided by the Ravenscroft community.

Akshay is a proud member of the Ravenscroft Soccer Team and an excellent student. When asked about how he balances his sport and his academics, he proudly stated, "I grind, I put in the work in both areas with as much effort as I can. While I slumped some during the first academic quarter, I made up for this with a stronger second quarter." With Akshay demonstrating tremendous effort and spirit, student athletes in the Ravenscroft Community should strive to follow Akshay's solid model



# Moonlight Madness!

#### CHRIS BARNETTE

STAFF WRITER

On October 4th, Chinese classes and clubs at the Upper School celebrated the mid-autumn festival. That day, some students from the Chinese club sang a song at morning meeting called "The Moon Represents My Heart" and talked briefly about Chinese culture and how important the holiday is to them. According to Dr. Huo, on this day, the moon is at its biggest and brightest, symbolizing the union of family. Because of this phenomenon, families all across China gather together to eat and to fellowship.



The 2017 group of exchange students visiting from Madrid pose for a picture. **Photo by Tomeiko** 

# Fall Sports Recap

### First Class Winger Neymar Makes Huge Transfer

#### JOHN NEFF

STAFF WRITER

A once world-renowned soccer player known for his skills, goals, and assists, Neymar Da Silva Junior, has left the Barcelona soccer team to join the Paris St. Germain (PSG) team for a record breaking fee of 263 million United States dollars.

Neymar, known worldwide by his first name only, made a very controversial move to PSG in August 2017. He is now the most expensive player ever, and great expectations come with that move.

So far, Neymar has done well for PSG, registering 8 goals and 7 assists in 8 games. These statistics are phenomenal compared to attacking players who average .3-.4 goals a game.

Be on the lookout for Neymar as he becomes one of the greatest players in history.







# NC State vs. the University of Louis-ville





#### JACK HANLEY

STAFF WRITER

University of Louisville quarterback Lamar Jackson came into Raleigh on Thursday night to play NC State University. Lamar Jackson, 2016 Heisman awardee, and the Louisville team traveled to Raleigh with a 4-1 record. NC State also had a 4-1 record.

NC State held the lead 17-10 behind a Kelvin Harmon touchdown and a Nyheim Hines touchdown. The second half began with a 48-yard field goal from Louisville's kicker Blanton Creque. That made the score 17-13. NC State, in the following possession, drove down the field and running back Nyheim Hines punched it in from the seven-yard line. Nyheim Hines tallied 18 carries, 102 yards and 2 touchdowns. A four-yard run from Lamar Jackson made the score 24-19. After another incredible drive from NC State, Reggie Gallaspy ran from three yards out. Lamar Jackson carried his team down to field and ran for another touchdown. Louisville's defense stepped up on the following Wolfpack drive and Lamar Jackson and the Louisville offense received the ball at their own ten-yard line with four minutes left following a punt.

Pressured by the NC State defensive line, Lamar Jackson was forced to throw the ball into tight quarters and NC State's linebacker Germaine Pratt was able to come up with the ball and return it for a touchdown.

In a hard-fought game, NC State came out with the 39-25 victory. As the college football season is heating up, look for NC State to battle for the ACC crown.

(Logos are the property of NC State University and The University of Louisville.)

# The Eagles are Soaring

#### PATRICK EDNIE

STAFF WRITER

As the NFL is in full swing, there is one team atop the rest right now. The Philadelphia Eagles have been playing unbelievably well, finding a loss only to the Jets who are one of the better teams in the league. Having won eight of their last nine games, the Eagles look set to enter the playoffs with momentum. The Eagles are currently in a "bye week," which extends the season to 17 weeks, coming off a 51-23 win to the Denver Broncos and will then face the Dallas Cowboys next week. Rodney McLeod, the Eagles safety, speaks about this upcoming game saying that their "goal hasn't been accomplished yet, there are a lot more games to go. [The Eagles] are going to enjoy this bye week, but [they] know that [they] have a tough opponent coming in Dallas." While the Eagles are strong this year, McLeod understands "that's one game that, if [they] do want to reach [their] goal, [the Eagles] have to win." As the chances of a Super Bowl in the Eagles future continue to soar, only time will tell if they continue to find success or run into adversity.



# Atkeson Commits to Dartmouth



#### CHRIS BARNETTE & PATRICK EDNIE

STAFF WRITERS

Calvin Atkeson, the six-foot-four, 290-lb, offensive tackle, who holds an excellent grade point average of a 4.2, finally made his decision on where he will be attending college. After earning all-state and all-conference honors, Calvin's recruitment exploded. He started receiving several offers from schools like University of Virginia, Yale, Brown, Cornell, Columbia, and Dartmouth, along with many others. With a plethora of choices, Calvin was faced with the difficult challenge of deciding where he wanted to attend college. After the long and taxing process, Calvin decided on Dartmouth College, saying "I liked the coaches a lot and the smaller campus size." Calvin, who also wants to major in engineering, states, "I really liked their engineering building." Calvin continues to make his family and school proud with his success on the field and in the classroom.

### Do Your Snacks "Smile Back"?

#### THE NEVARMORE EDITORS

If you walk into many offices in the Upper School, you may find that they are inundated with snack foods. From throw-back snacks like Circus Peanuts and Pop Rocks, to new-age choices like Wasabi-covered almonds, to comfort foods like coffee cake and Twizzlers, no matter where you turn, snacks are everywhere. So, why does the Upper School enjoy snacking, and what makes snacking important to us?

Many occupants of the Upper School find that snacking curbs their appetites between main meals. Some suggest that boredom plays a role in snacking, while others say that buying snacks from Rhonda's (despite healthier choices now available) enables them to enjoy better tasting food than what they would eat at home.

From the staff here at Nevarmore, Goldfish stands atop our snacking list. The now famous motto from the Pepperidge Farm company, regarding their popular cracker, is that Goldfish is the "snack that smiles back." Specifically, the newspaper staff appreciates the crunchy-cheese taste of Goldfish, with editorial writer Brendan Walker stating that, "We here at the Nevarmore adore Goldfish! Whether you're an adult or student, Goldfish crackers are great-tasting and easily accessible snacks."

Having declared our affection for Goldfish, we ask why students and faculty alike enjoy snacking, in general. For some individuals, hunger brings about lack of focus and irritability, making snacking almost necessary. As Chris Barnett, an avid food lover and staff writer notes, "My stomach must be satisfied before getting anything accomplished." So, snacking during the day may help students to focus on their school work and faculty to concentrate on teaching their classes.

On the other hand, studies have shown that thoughtless consumption of unhealthy snacks can result easily in the addition of hundreds of excess calories per day and that "mindless eating" occurs when we do not pay attention to our snacking habits. In her article, entitled "The Health Risks Posed by Mindless Munching," WebMD author Mary Elizabeth Dallas notes similar results in one such study at The University of California, San Francisco. The study was conducted by Jennifer Daubenmier who argues that, "We often find ourselves overeating not because we're hungry, but because the food looks or tastes delicious." In other words, we may tend to snack because of what we see and not because of how we actually feel.

Our advice? Enjoy your snacks but do not get carried away. Your body is a machine. What you put in it is what you will get out of it.



#### CHRIS BARNETTE

STAFF WRITER

A new burger joint, Bad Daddy's Burger Bar, opened this summer only a few miles down the road from school. Bad Daddy's is not your average burger joint. From giant burgers stacked high with bacon, chili, and onion straws to healthier grass-fed burgers topped with lettuce and avocado, Bad Daddy's has a plethora of burgers from which to choose.

From personal experience, "build your own burger" is the way to go. With this option, Bad Daddy's allows customers to choose toppings. The restaurant has all the toppings you can think of, from fried egg and grilled onions to chili and buttermilk fried bacon (which looks like chicken strips). Bad Daddy's is also famous for its Bad Daddy's dipping sauce. It is a spicy bbq/mayolike sauce that goes great with any burger and french fries.

Burgers are not the only food that Bad Daddy's has mastered. They have terrific chicken sandwiches, delicious nachos, and some of the best fried pickles around. Another plus is that their burgers usually only

cost around \$13. You can go to any American burger joint and get a good tasting burger for \$11. At Bad Daddy's, it will only cost \$2 dollars more for a juicy, mouth-watering, and tasty burger--undoubtedly the best one you will ever have

There are very few negatives about this restaurant. The only problem you might run into is their usually long wait to be seated. The food takes a while to be cooked, and it gets pretty loud inside. But, if a restaurant is very popular, it must be pretty good!

At Bad Daddy's, the pros clearly outweigh the cons. So, if you're with some friends looking for a mouthwatering burger, just head on over to Bad Daddy's Burger Bar. Trust me. It's worth it!

#### 5/5 Burger Rating





The winner is...Goldfish!

# Starting at the End: Great Concept or Just Confusing?

#### HANNAH RAMUSEVIC

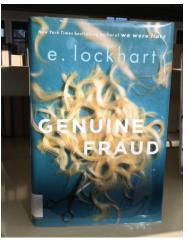
STAFF WRITER

**Book:** Genuine Fraud by E. Lockart

Rating: 3/5

Official synopsis of the novel courtesy of Goodreads:

"The story of a young woman whose diabolical smarts are her ticket into a charmed life. But how many times can someone reinvent themselves? You be the judge. Imogen is a runaway heiress, an orphan, a cook, and a cheat. Jule is a fighter, a social chameleon, and an athlete. An intense friendship. A disappearance. A murder, or maybe two. A bad romance, or maybe three. Blunt objects, disguises, blood, and chocolate. The American dream, superheroes, spies, and villains. A girl who refuses to give people what they want from her. A girl who refuses to be the person she once was."



Genuine Fraud by E. Lockhart, copies in the Ravenscroft MS/ US Library. Cover design by Erin Fitzsimmons. Cover art by Christine Blackborne/ MergeLeft Reps, Inc. Photo by Hannah Ramusevic.

F or those familiar with Lockhart's writing, her love for starting in media res (in the middle of things) is pretty clear, and her newest novel is no exception. Technically, in media res isn't completely accurate for the story, as Genuine Fraud actually starts ad finem (at the end) and works it's way back in time, revealing a carefully woven mystery from Lockhart's mind.

Lockhart's critically acclaimed We Were Liars, which was an emotional read with many twists and turns, was a completely different story than Genuine Fraud. Lockhart's newest novel, unlike her previous one, feels rather stoic and predictable, as it starts at the end and works its way backwards. Emily May wrote in a two-star review on Goodreads, "It was too obvious what had happened. Being told in reverse meant we were reading to discover the hows and whys, I suppose, but it never seemed to ratchet up any tension." We learn a flimsy backstory for the main character within the first chapter, but it's unclear whether the story is real or fake. The descriptions of characters and settings seemed over analyzed and detached, and in my opinion, took away from the overall story. (Lockhart might have taken the detached option because it emphasizes the loneliness of Jule).

However, some people absolutely loved the book such as Goodreads user Elise who said in a five-star review, "There's a sweet spot in the suspense genre where character study combines with psychological horror." For anyone looking for a story that glimpses into the inner workings of one's mind, that person will surely find interest in this book. Jule is a liar and a fraud, so examining the reasons why she lies is one of the concepts that made the novel interesting to me.

Overall, the novel was not for me, but that will not steer me away from any of Lockhart's future books, as I loved We Were Liars. Hopefully, if you choose to read Genuine Fraud, you will enjoy the psychological aspects of this twisting tale.